



# HARVEST COLLECTION

## COLLECTION POINT HERE

### SHOPPING LIST MOST NEEDED

Tinned Tomatoes

Dried Rice

Squash

Tinned Soup

Tinned Meat Meals (curry, spag bol  
etc)

Long Life Juice

Tinned Fruit

Tinned Fish

Ketchup

Confectionery

### DONATE NOW!

Help by donating an item or two from the list to support people facing hardship.

You can also donate money to help to cover the costs of storing and distributing emergency food as well as delivering additional support and advice.

Thank you for  
your support!



07836 500610

[westberks.foodbank.org.uk](http://westberks.foodbank.org.uk)

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