

## WHAT TO WEAR:

Children should wear **warm** clothes with lots of layers which they can add or take away depending on the weather. They should wear long sleeves and long trousers to avoid stings and bites. Please wear a pair of shoes suitable for indoors and welly boots/trainers/walking boots and water proofs should be brought in a bag to change into just before the session starts. We have our outdoor learning cabin where children will get ready . Children should come to school dressed in the outdoor learning clothes on the following days:

Acorns Class: Wednesday

Maple Class: Tuesday morning

Beech Class: Monday morning

Cherry Class: Monday afternoon

Birch Class: Friday afternoon

Rowan Class: Tuesday afternoon

Hazel Class: Thursday afternoon

We love to have parent volunteers, especially when we visit local woodlands. Please let your child's class teacher know if you can help.



## Examples of planned activities:

- Bird, tree, bug, insect identification
- Mud kitchen
- Peeling and whittling
- Outdoor cooking
- Outdoor art and crafts using natural materials

MRS BLAND'S INFANT AND  
NURSERY SCHOOL  
Burghfield Common

# Outdoor Learning



September 2021





At Mrs Bland's School, outdoor learning is a process which offers all pupils regular opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences in an outdoor natural environment or local woodland.

Outdoor learning is a long term commitment to regular, weekly sessions in a natural environment. The outdoor learning has a structure which offers a balance of planned activities personalised to each year group, which use natural resources for inspiration along with less structured times where children can explore and discover the natural world around them.

Outdoor learning aims to promote the holistic development of children such as resilience, confidence, independence and creativity.

# WHAT DOES OUTDOOR LEARNING LOOK LIKE?

## OUTDOOR LEARNING AREAS

Each class has a designated covered area outside their classroom where activities will be planned throughout the week. Each year group also has an outdoor space where they will spend their half day outdoor learning session, as well as using local woodland at least once every half term. Here are just some of the activities the children will do...



### PLANTING AND GROWING

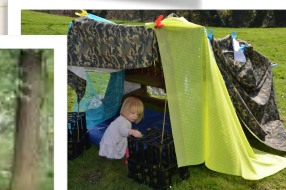
Learning about seasons and growth. How to plant and grow seeds and help them grow. Harvesting vegetables and fruit and tasting and cooking with them. Making vegetable soup over a bonfire.



### DEN BUILDING

This is construction at play, Den-building encourages:

- Creativity and creative thinking
- Physical development
- Independent learning
- Problem-solving



### POND DIPPING

Ponds have a huge variety of amazing little creatures just waiting to be discovered. So nets and magnifying glasses at the ready! Let's go pond dipping.

