

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 02.01.2020 27.01.2020 24.02.2020 23.03.2020	<ul style="list-style-type: none"> Butcher's Pork Sausage with Roast Potatoes, Mixed Vegetables (Swede, Carrots and Peas) and Gravy Vegetable Sausage with Roast Potatoes, Mixed Vegetables (Swede, Carrots and Peas) and Gravy Fresh Natural Raspberry Yoghurt 	<ul style="list-style-type: none"> Cheese and Tomato Pizza with Potato Wedges and Baked Beans Banana Mousse 	<ul style="list-style-type: none"> Creamy Chicken Curry with Pilaf Rice and Cucumber and Tomato Salad Creamy Sweet Potato Curry with Pilaf Rice and Cucumber and Tomato Salad Fresh Fruit Salad 	<ul style="list-style-type: none"> Classic Beef Lasagne with Sweetcorn and Garlic Bread Mediterranean Roast Vegetable Lasagne with Sweetcorn and Garlic Bread Pineapple Sticks 	<ul style="list-style-type: none"> Breaded Chicken with Herb Diced Potatoes and Broccoli Cheese Vegetable Grill with Herb Diced Potatoes and Broccoli Cheese Butter Flapjack Triangle
Week 2 06.01.2020 03.02.2020 02.03.2020 30.03.2020	<ul style="list-style-type: none"> Cod and Pollock Fish Cakes with Potato Wedges and Baked Beans Vegetable Fingers with Potato Wedges and Baked Beans Strawberry and Vanilla Swirl Mousse 	<ul style="list-style-type: none"> Mexican Beef Chilli with Rice and Sweetcorn Salsa Salad Mexican Cauliflower Chilli with Rice and Sweetcorn Salsa Salad Fresh Fruit Salad 	<ul style="list-style-type: none"> Cheddar Cheese and Tomato Penne Pasta Bake with Peas and Garlic Bread Orange and Mango Jelly 	<ul style="list-style-type: none"> Roast Chicken Breast with Roast Potatoes, Mixed Vegetables (Swede, Carrots and Cauliflower) and Gravy Falafels with Roast Potatoes, Mixed Vegetables (Swede, Carrots and Cauliflower) and Gravy Fresh Natural Vanilla and Peach Yoghurt 	<ul style="list-style-type: none"> Cherry Tomato Mac 'n' Cheese with Peas and Carrots Whole Banana
Week 3 13.01.2020 10.02.2020 09.03.2020 06.04.2020	<ul style="list-style-type: none"> Mexican Chicken Burrito with Cheese and Sweetcorn Mexican Mixed Bean Burrito with Cheese and Sweetcorn Water Melon Wedges 	<ul style="list-style-type: none"> Cheese and Onion Puff Pastry Roll with Potato Wedges and Baked Beans Fresh Natural Strawberry Yoghurt 	<ul style="list-style-type: none"> MSC* Breaded Cod with Herb Diced Potatoes and Green Beans Vegetable Fingers with Herb Diced Potatoes and Green Beans Butter Flapjack Triangle 	<ul style="list-style-type: none"> Paprika Pork Ragu with Penne Pasta, Broccoli and Garlic Bread Paprika Roasted Cauliflower Sauce with Penne Pasta, Broccoli and Garlic Bread Fresh Fruit Salad 	<ul style="list-style-type: none"> Chicken Casserole with a Cheesy Potato Crust and Mixed Vegetables (Swede, Peas and Cauliflower) Vegetable Casserole with a Cheesy Potato Crust and Mixed Vegetables (Swede, Peas and Cauliflower) Cheddar Cheese and Cream Crackers
Week 4 20.01.2020 17.02.2020 16.03.2020 13.04.2020	<ul style="list-style-type: none"> Creamy MSC* Fish Pie with a Crispy Cheese Topping and Carrots Creamy Leek, Broccoli and Pea Pie with a Crispy Cheese Topping and Carrots Vanilla Ice Cream and Wafer 	<ul style="list-style-type: none"> Fragrant Aubergine Curry with Coconut Rice and Broccoli Fresh Fruit Salad 	<ul style="list-style-type: none"> Ginger Beef Noodles with Green Beans and Red Peppers Ginger Mushroom Noodles with Green Beans and Red Peppers Apple and Cinnamon Crumble Cake 	<ul style="list-style-type: none"> Cheese and Onion Puff Pastry Roll with Potato Wedges and Baked Beans Fresh Natural Mango Yoghurt 	<ul style="list-style-type: none"> Cheesy Chicken and Sweetcorn Sauce with Penne Pasta, Peas and Garlic Bread Penne Pasta with Tomato Sauce, Grated Cheese, Peas and Garlic Bread Fresh Cream Profiteroles with Chocolate Sauce

Bread and Fresh Salad is available every day

All Our Dairy Products are Red Tractor Assured*

*MSC - Approved by the Marine Stewardship Council

*Subject to availability



Mrs Blands Lunch Menu
January 2020