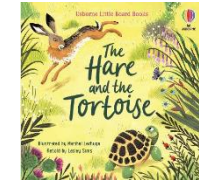
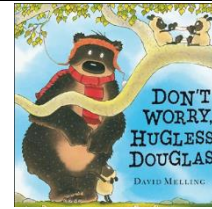


Theme Overview: Goals, Pride and Achievements	Unit Outcomes
Through this unit, the children will explore the concepts of challenges and perseverance. They will have the chance to think about challenges they would like to set for themselves and think about some future goals.	By the end of this unit, the children will have gained some strategies to support them when they are faced by challenges. They will have the opportunity to set some short and long term goals and think about steps they will take to achieve them.

Skills Focus	PSHE Ethos		
<p>Main Skills Focus:</p> <p>PSHE at Bland’s Infant School: In our school, the teaching of Personal, Social and Health Education (PSHE) enables our children to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We strive to provide our children with learning opportunities in specific lessons, circle time, and group activities that enrich pupils’ experiences. It allows pupils to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.</p>	<ul style="list-style-type: none"> This is an opportunity for the children to move away from traditional learning at tables. Children will sit in a circle on chairs, facing each other, to take part in dialogue and not only develop their confidence in speaking but also their ability to listen to their peers. A calm, safe environment will be promoted throughout starting with belly breathing to focus the children. The children will take turns to speak. They are all encouraged to speak but they have the right to pass. There is an emphasis on respect for all and promoting the use of positive, uplifting and inclusive language. 		
	Sequence of Learning		
	<p>Lesson 1 LI: To know how to keep myself safe.</p> <p>At the start of each half term all the children in the school will explore how we keep ourselves safe as well as knowing how to get help when it is needed. The range of topics covered are as follows: Trusted adults; how to find / ask for help; situations that require asking for help; road safety; understanding the purpose of adults wearing lanyards in school; having an awareness and understanding cyber safety and understanding different emotions and how to deal with worries.</p>	<p>Lesson 2 LI: To know how to overcome obstacles.</p> <p>The children will be set a task that will be very difficult to be successful in and explore the associated emotions of that struggle. They will share some experiences where they struggled to achieve something initially, and how they overcame those obstacles. They will explore the theme of never giving up and think of strategies and steps they could follow when they are faced with challenges. The children will be encouraged to try to apply these steps in their day-to-day learning and play and report back their successes and any struggles.</p>	<p>Lesson 3 LI: To understand what it means to persevere.</p> <p>The children will explore what it means to persevere. They will be shown a scenario where someone is thinking of giving up because they don’t believe they can do something. The children will offer advice to this person. They will be given the opportunity to think of incidents in their own lives where they persevered and be encouraged to share any future events where they were successful because they never gave up.</p>



Lesson 4

LI: To set a short-term goal.

The children will set themselves a short-term goal and guided through the process to ensure this goal is realistic for the time frame they have available. They will think of the steps they will need to follow in order to achieve their objective and be provided with resources. They will actively celebrate each other's successes and the associated feelings that come with that success. The children will be encouraged to be aware of their peers and offer support and encouragement.

Lesson 5 & 6

LI: To set a goal for the future me.

The children will explore what aspirations they have for themselves in the future in terms of what job they would like to do. They will be told about a variety of different jobs that exist and share the knowledge they already have. The children will write / draw about what they would like to do one day and place this in an envelope to take home. They will open this with their parents at the end of the year and see if they still feel the same way or if they have changed their minds about their future goal.